



Solihull Dental Centre  
& Implant Clinic

Dr. Zubair Sacranie BDS MFDS RCSEd M.Med Sci  
(Dental Implantology) GDC No 78020

# Summer Newsletter

July 2015



## SOLIHULL SMILES



### Welcome from Dr Sacranie

The last 10 years at **Solihull Dental Centre & Implant clinic** have seen many significant changes.

**The Practice has grown** from a one dentist practice with two surgeries offering **NHS treatments**, to a **five surgery**, mixed Dental Practice which now offers all aspects of dentistry including **Family Dentistry, Dental Implants, Cosmetic Dentistry and Orthodontics**.

As the practice principal dentist, I am very proud of my team who have all worked tirelessly over the past 10 years. Furthermore, I would like to take this opportunity to say **thank you to all our loyal patients who have grown with us** as we have made this transition.

This will be the first of our quarterly newsletters which will be aimed to let patients get to know us even better, provide useful tips and advice, keep you informed about what treatments are available, and also about any changes or news at the practice.

We would welcome your feedback on this newsletter and in our next edition we would love to have patient contributions too so please do get in touch with Denise, our practice manager, if you would like to share your dental story with our patient community.

In the Autumn newsletter in October, I will be writing about some of the latest developments in dental implant technology and also about my role as a trainer for foundation (newly qualified) dentists, so do keep a look out for those. In the meanwhile enjoy our first edition of "**Solihull Smiles**" and have a great summer!

Best wishes *Zubair Sacranie*



### Practice News

Welcome to the Solihull Dental Centre & Implant Clinic's first edition of our newsletter "**Solihull Smiles**"

Over the last 12 months there have been many changes to the practice. We are delighted to offer patients 3 newly refurbished surgeries, 2 on the 1st floor and Dr Sacranie's Implant and Cosmetic Suite

on the 2nd floor along with an additional patient lounge.

We also now have Kevin Thomas who is our in-house Clinical Technician and denture expert who is working alongside Dr Sacranie to provide bespoke denture work, which can enable patients to have all the favourable aspects from their existing denture from copying the exact tooth position and shape to improving the way they fit with the mouth and gums.

In September, the Solihull Dental Centre & implant Clinic will welcome its 9th annual Foundation Dentist to the Practice, who will be treating patients under the supervision of Dr Sacranie. In addition to being passionate about training new dentists, Continuing Professional Development (CPD) at the Practice is of paramount importance.

All staff, qualified and trainees are encouraged to carry out CPD in line with General Dental Council guidelines and all our staff are encouraged to further their education and expand their knowledge. Congratulations to Cassie Murtagh who has worked extremely hard achieving her radiography qualification earlier this year. Kimberley Heath, who is our Decontamination Nurse has also been busy streamlining our cross infection process, conforming to the best current regulations.

Kausar Bibi has achieved her NVQ Level 3 in Dental Nursing. Well done to Kausar! Debbie who is now a very familiar friendly face at reception, has been busy making sure our reception works efficiently and effectively, working within all guidelines to protect patient data and confidentiality. We are now reminding our patients of appointments by text rather than letter and would welcome any feedback on this.

Our Practice logo is now very familiar on the Solihull High Street, and between our High Street presence and recommendations from friends and family, we attract many new patients each week. We have also been working diligently on our website, updating content and adding blogs and articles that patients will find interesting, so please do check these out.

Enjoy our newsletter and, as ever, don't hesitate to get in touch if you have any queries or would like to find out more about any of our treatments.

Take care *Denise Kemp*

# Team Talk..... featuring our dental hygienist Sacha Saunders



Hi Sacha. Thanks for featuring in this edition's Team Talk!

*What's your role at the Solihull Dental Centre?*

My role at Solihull dental centre is to re-educate and treat patients for the prevention and stabilising of periodontal diseases, such as gingivitis and periodontitis, through good oral hygiene and removal of deposits in the mouth.

*How long have you been a dental hygienist and what do you enjoy most about your work?*

I have been a dental hygienist for 18 years and a dental nurse 10 years prior to that. I enjoy the teamwork with myself and my patients with the re education towards good dental health.

*What are some of the challenges that you encounter in your field of dentistry?*

Often telling people they do not clean their teeth effectively, can be a sensitive issue, which I try to approach with sensitivity! We live in a world of information-overload, where we're bombarded with different health messages daily!

*What simple advice would you give our patients about maintaining healthy teeth and gums for life?*

I'm a great believer in full plaque removal by means of physical brushing and interdental cleaning, and that's what I try to get my patients to do.

*When you're not fighting plaque and looking after our dental health, what do you enjoy getting up to? Do you have any strange/ fun hobbies we need to know about?*

In my spare time I enjoy the theatre, movies and sport – watching and participating on occasion. I have enjoyed tall ship sailing and travelling in general. And yes, my unusual pastime is an occasional Elvis impression and performance.

*What's been your favourite movie this year and why?*

My favourite movie this year is "Gone Girl" because of the twist and surprise ending.

## SUMMER SMILES

£199 for a course of Home Teeth Whitening  
FREE Initial Consultation

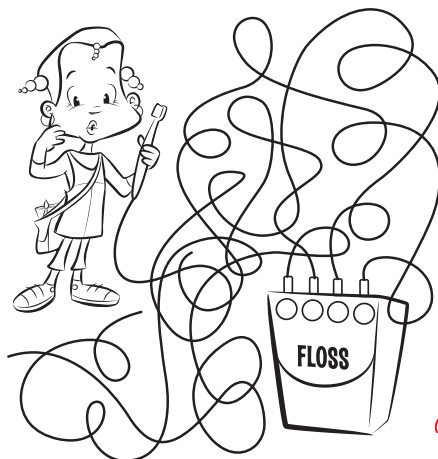


# KIDS CORNER



### What a Tangle!

Follow the toothbrush cord to find the floss!



**Did you Know?**  
The Toothbrush was invented in 1498, it had hogs hairs for bristles!

**Q.** What is a dentist's favourite animal?  
**A.** A molar bear!



Solihull Dental Centre  
& Implant Clinic

### Opening hours

Monday - Friday - 8.30 am - 5.00 pm

Saturday 9.00 am - 1.00 pm

Please note we are closed between 1.00pm - 2.00pm each day

**Solihull Dental Centre and Implant Clinic.**

Doubleday House, 29 High Street, Solihull, B91 3SJ Tel. 0121 705 3935



Facebook search:  
Solihull Dental Centre and Implant Clinic  
Tweet us: @solihulldentist

[www.solihulldentalcentre.co.uk](http://www.solihulldentalcentre.co.uk)