



## Solihull Dental Centre & Implant Clinic

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(Dental Implantology) GDC No 78020

# Winter Newsletter

2015 / 16



# SOLIHULL SMILES



Dr Sacranie with Dr Stone at a recent implant course

## Hello from Dr Sacranie...

As the days get colder and darker, a warm hello from all of us at Solihull Dental Centre to all our patients! It's been a busy few months at the practice for my colleagues and I. Patients will notice that there is a new face in our midst. Our new Foundation Dentist, Dr Tarjinder Ropra joined the practice in September after graduating with merit from Bristol University. We certainly hope that she has an excellent training year ahead. My role as a trainer over the last 9 years involves mentoring, coaching and clinical supervision to help each trainee find their feet in general practice, and it is a role I enjoy tremendously.

My own education and training is ongoing too. Since the summer I have been fortunate to attend a specialist implant training course by my first dental implant mentor, Dr Paul Stone, whose lectures I first attended at Dundee University 16 years ago. I also recently attended a course on guided bone regeneration by the world renowned (and very witty) periodontist Sam Lee who is based at San Diego and lectures internationally.

As we constantly strive to improve our skills and offer new treatments to our patients, many of my team members have been busy in this pursuit. Dr Bhanji has recently completed the QST training course in Orthodontics and has now started offering these treatments.

As we approach the festive season, **I would like to take this opportunity to wish you a Merry Christmas and a Happy New Year!**

Best wishes

*Zubair Sacranie* Practice Principal



## Practice News

**I can't believe it's already time for our second newsletter - 2015 will have disappeared before we know it!**

**Thank you very much for all the lovely feedback we received from our 1st edition of our newsletter, Solihull Smiles.**

Patients who have attended appointments recently will be aware that we have been recently been decorating and refurbishing our 1st floor waiting area near the reception and this was completed in November.

We are sorry to say goodbye to one of our hygienists Sacha Saunders, and we wish her well in her new position. We are delighted however to welcome new hygienist Neelam Kudhai who joined our dental team from the 21st October. Neelam has vast experience in her field and joins us from one of London's finest dental implant clinics.

We are constantly updating our website and adding news and blogs for your interest. Please do keep a lookout for these and as well as our Facebook posts and Twitter feed (Facebook like: Solihull Dental Centre and Implant Clinic; Tweet us @solihulldentist) which we keep active with a variety of current dental interest articles as well as practice news.

On the 15th October we held another facial aesthetics open evening, which was again very popular and successful (we suspect it may have something to do with the gorgeous goody bags!). Our aim is to hold one of these events every 4 months. Please don't hesitate to call the practice on 0121 705 3935 if you would like to join us at our next open evening and take advantage of discounts for treatments booked for and on the evening.

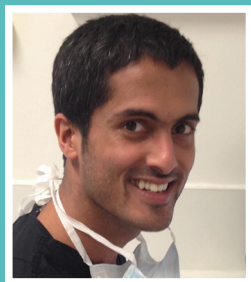
Finally, all the staff at the practice wish Dr Bhanji a safe trip, as he will be away for 2 weeks from 25th November doing fantastic work for a dental charity in Iraq. This will be his second trip volunteering for the charity and providing much needed dental care to those less fortunate than us.

Our next edition of Solihull Smiles will be in the new year so I will take this opportunity to thank you all for your continued support and wish all our patients a Happy Christmas and Prosperous New Year.

Take care

*Denise Kemp* Practice Manager

# Team Talk..... featuring Zaheer Bhanji



Hi Zaheer, and welcome to Team Talk!

*Could you tell us about your role at the Solihull Dental Centre?*

I work at the Solihull Dental Centre as a dentist, a position I took up 3 years ago. I graduated with BDS from The University of Sheffield in 2006, and worked in several dental practices since, allowing me to get experience in many contrasting areas of dentistry.

*What aspects about your work do you enjoy the most? (And, dare we say, the least?!)*

The job is challenging but very rewarding. One of the most important lessons I've learnt in the last 9 years is treating patients as a whole, rather than just treating a set of teeth! It is essential to speak to and listen to patients, understand their needs, clearly explain all the procedures and reassure them as much as possible. By the same token, the most challenging aspect can be getting patients to follow our instructions and advice to ensure their best dental health.

The most satisfying part of the job for me is relieving patients of awful dental pain. It's usually the only time when patients are eager to see their dentist (and often after a sleepless night!), and it's heart-warming to see the relief in the patient's face as you relieve them of their pain.

*Do you have any special interests in dentistry?*

I am very committed to postgraduate education, completing the Royal College of Surgeons Diploma of Membership of the Joint Dental Faculties in 2009 and a MSc in Restorative & Aesthetic Dentistry from The University of Manchester in 2014. Despite completing my Masters in a specific field of dentistry, I still try to cover all aspects of dentistry to the highest standard I can, and I enjoy the variety of treatments I undertake.

*What do you get up to when you're not treating patients?*

Outside of work I'm keen on sports, and I regularly play football & golf. I also enjoy travelling, with a preference for getting 'off the beaten track' to find areas of natural beauty and I enjoy relaxing with friends and family.

## MISSING TEETH? Call 0121 7053935

to book your free initial consultation

### Have you considered Dental Implants?

Dental implants are the most sophisticated and effective long-term solution to replace missing teeth, and can remove the need for dentures or dental bridges.



## KIDS CORNER



### Dental Jokes

**Q.** What does the dentist of the year get?

**A.** A little plaque!

**Q.** What did the dentist say to the golfer?

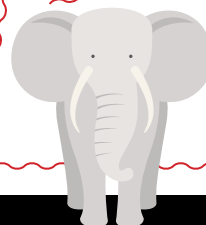
**A.** You have a whole in one!



### Did you Know?

The Ancient Egyptians brushed their teeth using a powdery substance made from pulverized egg shells and oxen hooves, mixed with water.

The longest teeth in the world are actually elephant tusks - some weigh over 400 pounds!



Solihull Dental Centre & Implant Clinic

#### Opening hours

Monday - Friday - 8.30 am - 5.00 pm

Saturday 9.00 am - 1.00 pm

Please note we are closed between 1.00pm - 2.00pm each day

Solihull Dental Centre and Implant Clinic.

Doubleday House, 29 High Street, Solihull, B91 3SJ Tel. 0121 705 3935



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